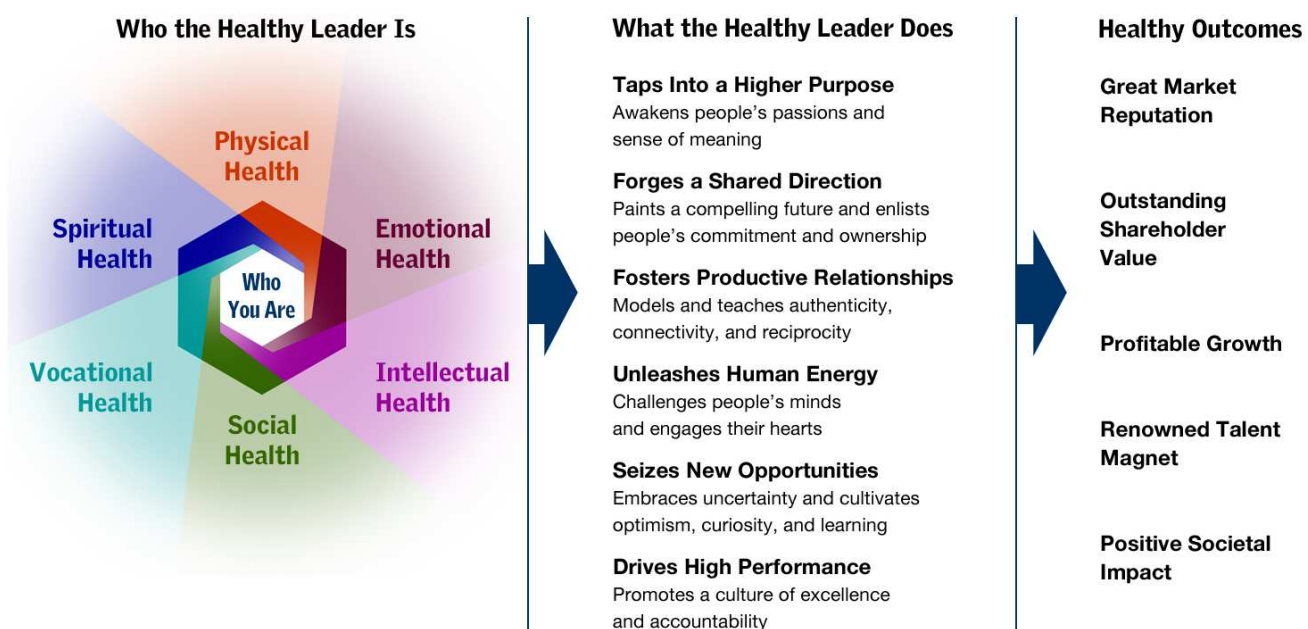


THE VALUE PROPOSITION



LEADERSHIP ISSUE: [ENTER LEADERSHIP ISSUE TO EXPLORE BELOW]

As you learn more about each of the 6 health dimensions, use the space below to capture how the health of each root can influence your ability to address your leadership issues . How does high health aid you in leading through your leadership challenges? What is the impact of low health? Capture your thoughts on each root in the boxes below.

PHYSICAL	Body-Mind Awareness	
	Energy Management	
	Peak-performance Lifestyle	
EMOTIONAL	Self-Awareness	
	Positive Emotions	
	Resilience	
INTELLECTUAL	Deep Curiosity	
	Adaptive Mindset	
	Paradoxical Thinking	
SOCIAL	Authenticity	
	Mutually Rewarding Relationships	
	Nourishing Teams & Communities	
VOCATIONAL	Meaningful Calling	
	Personal Mastery	
	Drive to Succeed	
SPIRITUAL	Higher Purpose	
	Global Connectedness	
	Generosity of Spirit	